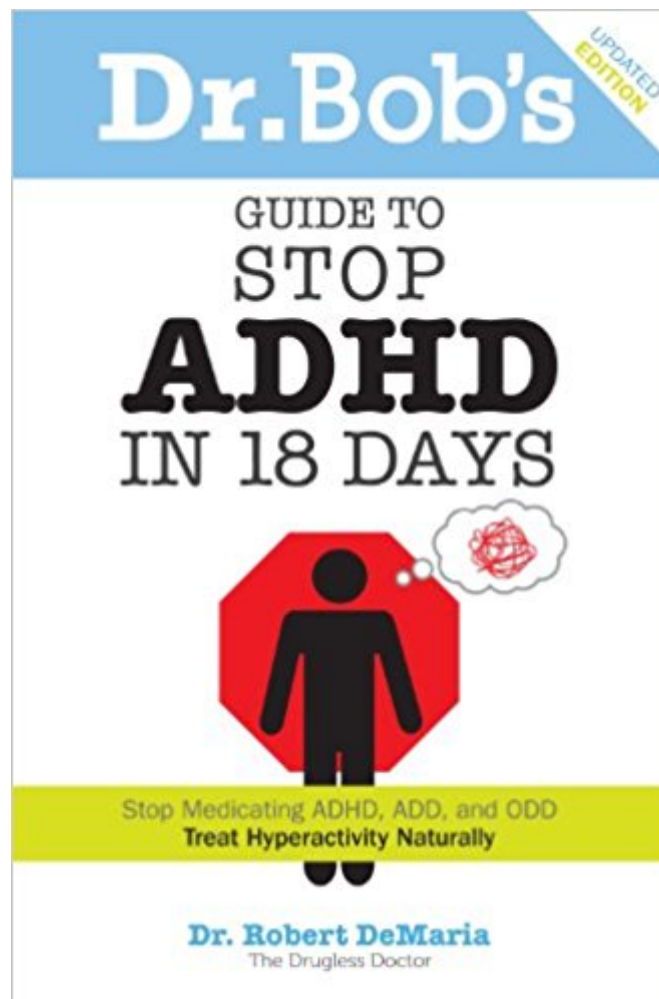




The book was found

# Dr. Bob's Guide To Stop ADHD In 18 Days



## Synopsis

This how-to guide can rid children and families off medications and detrimental foods - junk foods loaded with sugar, preservatives, dairy products, and trans- fattyacids - so that children and families can enjoy optimal health. "This user-friendly book has the potential of setting families free from the nightmare of ADD, ADHD, and ODD. Using drugs on kids isn't solving the problem. Follow Dr. Bob's directions and witness the change is can bring to you and your loved ones." Bruce West, D.C.

Publisher, Health Alert

## Book Information

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Average Customer Review: 4.3 out of 5 stars 91 customer reviews

Best Sellers Rank: #124,155 in Books (See Top 100 in Books) #42 in [Books > Health, Fitness & Dieting > Children's Health > Learning Disorders](#) #93 in [Books > Health, Fitness & Dieting > Mental Health > Attention Deficit & Attention Deficit Hyperactivity Disorders](#) #109 in [Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy](#)

## Customer Reviews

Follow Dr. Bob's directions and witness the change is can bring to you and your loved ones. --Bruce West, D.C. Publisher, Thank you Dr. DeMaria for your part in addressing the connection between diet and function. I am a fan! --David Frahm, N.D., Author, A Cancer Battle Plan Everyone will benefit immensely from Dr. DeMaria's clinical experience and research. Dr. Janet Lang, --Lang Nutrition Seminars Thank you Dr. DeMaria for your part in addressing the connection between diet and function. I am a fan! --David Frahm, N.D., Author, A Cancer Battle Plan Everyone will benefit immensely from Dr. DeMaria's clinical experience and research. Dr. Janet Lang, --Lang Nutrition Seminars

Dr. Bob De Maria has been trained and tested in the utilization of nutritional and natural products and has focused his attention on seeking simple answers to tough questions. In addition to a

chiropractic degree, Dr. De Maria has a bachelor's degree in human biology, diplomate status in chiropractic orthopaedics, and a fellowship in applied spinal biomedical engineering. He has taught in the legal, insurance, business, and health care fields throughout the United States and Europe.

If you know of anyone dealing with ADD/ADHD this is a great book. It gives a lot of insight to a lot of different things that could be causing the problem. We have tried some of them and it really seems to help.

This book was easy to read and well organized. His findings agree with things I have heard elsewhere, but not seen in a book.

easy to follow

Reading and hopeful that information will be helpful.

Not too bad, it had a lot of info in it I did not know. Some of the plan seems a little unrealistic though. But I am changing my sons diet now, and adding in the recommended vitamins he needs. Hoping to see some progress this summer.

Reading now so far it's a great book.

My son has struggled with ADHD for a very long time. This book was a life saver and any parent that has their child on pharmaceutical drugs to treat this condition needs to listen to the advice in this book. I successfully have switched my son off of his Adderall drug medication onto a vitamin and oil regimen. Dr Bob is a doctor with a wealth of knowledge and experience with all conditions anyone might have. His website [druglessdoctor . com](http://druglessdoctor.com) has videos, blogs, store, etc to help in a journey to cure yourself naturally. I would strongly encourage anyone who wants to get off their medications and obtain a healthy lifestyle to read any of his multiple books or visit his website.

We started Dr. Bob's diet/ vitamin mineral supplements/ & flax oil this summer. So far so good for the school year. It is still early in the year (3 weeks in) but things are better. His new teacher has bragged on him twice. First thing she said to me was "I love your son! He is doing really well." A week later she bragged on him again saying "You have a good reader on your hands." He is not

bringing mounds of home work home yet! Like I said it is early yet in the year, but I like the difference so far! Yeah!!!! :)

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ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) Dr. Bob's Guide to Stop ADHD in 18 Days ADHD Guide Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults, Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT) The Insider's Guide to ADHD: Adults with ADHD Reveal the Secret to Parenting Kids with ADHD ADHD Diet For Children: Recipes and Diet to Help Your Child Focus, Perform Better at School, and Overcome ADHD For Life (ADHD Diet) Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) ADHD & The Focused Mind: A Guide to Giving Your ADHD Child Focus, Discipline & Self-Confidence ADHD Without Drugs - A Guide to the Natural Care of Children with ADHD ~ By One of America's Leading Integrative Pediatricians Take Control of ADHD: The Ultimate Guide for Teens With ADHD Bob Marley Quotes: Abstract Lessons from Bob Marley A Horse Named Bob (I Can Read! / A Horse Named Bob) The Best of Bob & Ray: Excerpts from the Bob & Ray Public Radio Show (Volume One: 4 Cassettes, 4 Hours (64 Selections)) Sniper's Honor: A Bob Lee Swagger Novel (Bob Lee Swagger Novels Book 9) Montana's Bob Marshall Country: The Bob Marshall, Scapegoat, Great Bear Wilderness Areas and Surrounding Wildlands (Montana Geographic Series) The ADHD and Autism Nutritional Supplement Handbook: The Cutting-Edge Biomedical Approach to Treating the Underlying Deficiencies and Symptoms of ADHD and Autism Parenting ADHD Now!: Easy Intervention Strategies to Empower Kids with ADHD All About ADHD: A Family Resource for Helping Your Child Succeed with ADHD What to Expect When Parenting Children with ADHD: A 9-step plan to master the struggles and triumphs of parenting a child with ADHD Adhd: How To Parent A Happy, Healthy Child With ADHD Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety, and More!: The one-stop guide for parents, teachers, and other professionals

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